

Reflective Practices and Teacher Educators: An Exploratory Study

By

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Abstract

Reflective practice is a technique through which teachers can improve their effectiveness in the classroom. It is a proof of self observation as it can be helpful for the teachers for a deeper understanding of their teaching style and for ensuring the effectiveness as a teacher. The basic objective of the study was to study the current situation regarding reflective practices at university level. The population of the study consisted of all the teachers of education department/faculty of Public and Private sector universities of Rawalpindi and Islamabad. An opinionnaire was administered to collect the data. The responses of 42 faculty members were received in total. The results of the study showed that teachers normally write the diary, encouraged towards the instructional management, observe the practice of keeping and managing students' records, get feedback from other colleagues, evaluate themselves and had good coordination with their colleagues and students. On the basis of the results of the study it was recommended that for the professional development of teachers, reflective practice may be upgraded, & a professional development programs may be conducted. It is also recommended that reflective practice should be introduced as a course in teacher training programs and practical approach of reflective practice be embedded in in-service teacher training programs.

Keywords: *Reflective practice, Teacher education, University teachers*