

## **Improving Sexual Literacy Level of in-School Adolescents in Osun State, Nigeria: A Comparison of Effectiveness of Two Approaches**

By

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### **Abstract**

*The study investigated the effect of two approaches of peer sexuality education training on adolescents' sexual literacy in secondary schools of Osun state in Nigeria. The study adopted pre-test, post-test experimental design. The population of the study comprised all secondary school students within the age bracket of 13 – 16 years, in Osun State. A sample of 138 students was used for the study. The result showed that 60.43% of the sampled students had low level of sexual literacy though 11.51% demonstrated high level of sexual literacy. The results further showed that peer sexuality education training had a significant effect on students' sexual literacy  $t = 1.17$ :  $p < 0.05$ , and that sex and religion had no significant effect on peer sexuality education training  $t = 0.98$ ,  $df 56$   $p > 0.05$  and  $t = 0.20$ ,  $p > 0.05$  respectively. Age was found to be significant on the effectiveness of Peer Sexuality Education Training,  $t = 4.33$ ,  $p < 0.05$ . The study concluded that teacher-led approach was not as effective as peer-led, therefore adolescents who demonstrated low level of sexual literacy can be assisted to improve on their sexual literacy level through peer-led sexuality education training.*