

## An Analysis of the Trait Anger and Anger Expression Styles of Preschool Teacher Candidates in Terms of Some Variables

By

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### Abstract

*The purpose of this research is to determine trait anger and anger control levels of trainee teachers who are studying preschool teaching and expression of their anger styles and to analyze their trait anger, their anger control levels and expression of their anger styles according to several variables. The research has been conducted with 356 students who are studying at preschool teaching department of Ereğli Teaching Faculty of Bülent Ecevit University and Atatürk Teaching Faculty of Marmara University. As the data collection tool, The State Trait Anger Scale (STAS) which was developed by Spielberger and translated into Turkish language by Özer and demographic data form were administered. Obtained data analyzed by SPSS 18.0 Analysis Program. Significant differences were found according to variable; gender, department preference, being happy with their department, high school graduation and number of siblings. It is seemed that the level of trait anger and anger styles don't change much when age, class, where a graduate wants to work, the education of the parents, the parents' being dead or alive / divorced or together, order of the birth, where he is now, where he was in the childhood, the geographical region and the parents' economy are considered. The received results have been discussed.*

**Keywords:** *Preschool Education, Teaching, Anger, Anger Control, Anger Expression.*